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Education:

2002 - 2003 West Wales College Of The Arts Carmarthen, West Wales.
B.A.(final Year)
2001 - 2002 Falmouth College Of Arts, Cornwall, England. B.A. (first Year)
1995 -1997 West Wales College Of The Arts Carmarthen, West Wales. Higher
National Diploma, (Distinction)
1996 Stone carving with Nigel Konstam, Verrochio Arts Centre, Tuscany

Solo Exhibitions:

2015 The Wisdom Of Wool Touring Exhibition:

- National Wool Museum,Wales
- West Wales Art Centre,Wales
- Tregwynt Woollen Mill,Wales
- MOMA ,Machynlleth.Wales

2011 Midmoor House ,Kew Road Richmond London
2011 Aberystwyth School Of Art, Aberystwyth, Wales
2008 Nant-y-Coy Art Centre, Pembrokeshire, Wales
2004 Custom House Gallery, Cardiff, Wales
2003 Oriel-y-Bont, University of Glamorgan Wales
2002 Installation at Pendennis Castle Cornwall, England
2001 Open Studios Summer Exhibition, Cornwall, England.
1998 Open Studios Summer Exhibition, West Wales.

Group Exhibitions:

2014 Selected, 'Saturnalia', Sweet'art Collective ,Shoreditch,London.
2014 Charity Fundraiser ,Wiltons Music Hall, Whitechapel, London
2014 Selected, 'Guilty Pleasures', Sweet'art Collective, Shoreditch,
London.

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- 2013 Selected , 'Seams', Sweet'art collective, Hoxton Arches, London
 - 2013 Invited - 'Dark Is A Way, Light Is A Place.'
Haus Wittgenstein Gallery, Vienna.
 - 2012 F.A.S. 'Drawn To The East.' Arton Gallery, Kyoto, Japan .
 - 2010 Invited - Rhod Mill Carmarthenshire, Wales
 - 2010 Sculpture Cymru Exhibition, 'Inside, Outside', Kidwelly Industrial Museum
 - 2010 Sculpture Cymru Exhibition, National Botanic Garden Of Wales.
 - 2009 Sculpture Cymru Exhibition, Oriel Canvas Cardiff
 - 2009 Sculpture Cymru Exhibition, Graham Sutherland Gallery, Picton Castle Pembrokeshire Wales.
 - 2007 Sculpture Cymru Exhibition, Hay-on-Wye Festival. England.
 - 2007 Invited - 'Being Human' exhibition, Nant-y-Coy arts centre Pembrokeshire, Wales.
 - 2006 Selected - 'Lines And Strata' exhibition, Theatre Mwldan, Wales
 - 2005 Invited - 'Private Views' Exhibition, Tregarron, Wales
 - 2004 Selected - Pembrokeshire Artists Touring Exhibition, Wales
 - 2004 Invited - Novos Britanicos, British Council Gallery, Sao Paulo, Brazil.
 - 2003 Selected - Fresh Art Fair, Islington, London.
 - 2002 National Medal Touring Exhibition, UK.
 - 2001 Falmouth Art Gallery, Falmouth, England.
 - 1997 Selected - Fresh Art Fair, Islington, London.
 - 1996 Angel Works Studio, St. Dogmaels, Wales.
 - 1995 Selected - Theatre Mwldan, Cardigan, Wales.

Awards:

- 2013 British Women Artists. 'Judges Favourite', 'This Too Shall Pass'.
- 2013 Arts Council Of Wales Project Grant.
- 2012 Arts Council Of Wales Research and Development Grant.
- 2006 Arts Council Of Wales Award-International Conference on Contemporary Cast Iron Art
- 2005 CCAT Travel award to Ireland

- 2004 Welsh Arts Council Grant Award
- 2003 Coed Hills Art Prize.
- 2003 Recipient of the Arts Council of Wales Grant for New Visual Artists

Articles And Publications

- 2004 Ultima Pagina, Sao Paulo, Brazil
- 2004 Exposicoes, Sao Paulo, Brazil.
- 2004 Ilustrada / Monica Bergamo, Sao Paulo, Brazil.
- 2004 Diversao & Arte / Exposicao, Sao Paulo, Brazil.
- 2004 Geral / Caderno 2, Sao Paulo, Brazil.
- 2004 Vale Viver! Sao Paulo, Brazil.
- 2004 Time Out London
- 2003 Show of the Week - Western Mail.
- 2003 Interview with Radio Glamorgan.
- 2004 Interview with Cardigan and Tivyside Advertiser

History:

- 2002 - 2003 West Wales College Of The Arts Carmarthen, West Wales.
Studied for final year of B.A. in Fine Art Sculpture.
- 2001 - 2002 Falmouth College Of Art, Cornwall, England.
Fine Art Sculpture B.A. top up (2 year course, transferred to Carmarthen for final year)

Throughout this year I was consolidating my previous training and experiences and defining my language in the sculptural field.
- 1998 - 2001 Birth of son Joshua; Daughter Lily. Married and moved to Cornwall.
- 1995 - 1997 West Wales College Of The Arts, Carmarthen West Wales.
Higher National Diploma, Sculpture. (Distinction)
- 1994 – 1995 Cardigan F.E. College, St. Marys, Cardigan, West Wales.
Access To Art And Visual Awareness.
- 1988 - 1994 Self employed artist.

Training & Events:

- 2006 Symposium on Cast Iron Art, Iron Bridge, England
- 2000 Stone Carving-Portland, Dorset, England
- 1998 Traditional Pigment Making, Hawkwood College, Stroud, England
- 1997 Mold making summer school Glanhelyg Pembrokeshire
- 1996 Stone Carving with Nigel Konstam, Verrochio Arts Centre, Tuscany, Italy

Outreach Work:

- 2007 Artist in residence at St Mary's School Pembroke Dock
- 2006 Artist in residence at Holy Name Primary School Fishguard
- 2005 Artist led project working with Chernobyl Children's Project
- 1998 Artist led workshop working with Chernobyl Children's Project
- 1997 Artist led workshop working with Chernobyl Children's Project